



Maja Healing



*Hello from*  
**MAJA HEALING**

September has arrived! We kicked off this month by announcing the three winners of the Maja birthday quiz. Congrats and thank you to all of you who have participated, we had such a blast!

Due to the lockdown restrictions that still operates in Bali, we've had to reschedule the Inner Man Inner Woman workshop. This is a blessing in disguise, as we've now had the opportunity to refine it into an intensive and transformative 2 days workshop!

We have some exciting events this month, including a traditional Balinese cleansing ceremony, so read on to find out more!

*Connect with us*

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# Latest News

## Winners of the Maja Birthday Quiz

As announced on our IG earlier this month, we've picked the three winners of our birthday quiz. We've received so many responses to our Maja Birthday Quiz - thank you to everyone who participated! These three winners were so impressive - they got all the questions right, in under one minute! Congratulations to James P., Gabriel S., and Divya! Enjoy your well-deserved prizes!



## Holistic Healing Hypnotherapy Course

The ever-popular HHHypnosis course is coming up next month. The Knowledge portion is going to be held at Maja from the 4 - 29 October. There is only one spot left in this intensive, transformative course which will equip you with everything you need to be a Holistic Healing Hypnotherapist!

[MORE INFO](#)

## Rescheduled Inner Man Inner Woman Workshop

Due to the lockdown rules in Bali, we've had to reschedule the Inner Man Inner Woman workshop at Maja. This powerful and transformative workshop will now be held over 2 days, on the 25-26 September at Maja Healing. Limited places available.

[READ MORE](#)



# Maja Events

September 2021



1

MAJA BIRTHDAY  
QUIZ WINNERS  
ANNOUNCED

@MAJAHEALING IG



2

WOMEN'S CIRCLE IN  
BAHASA INDONESIA

18:30 VIA ZOOM



15

INTRODUCTION TO  
CRYSTAL HEALING  
WITH ANAIS

20:00 @MAJAHEALING IG  
LIVE



23

WOMEN'S CIRCLE IN  
ENGLISH

17:30-19:00 MAJA  
HEALING UMALAS



25-26

INNER MASCULINE &  
INNER FEMININE  
WORKSHOP

9:00 - 17:00 MAJA  
HEALING UMALAS



23

MELUKAT WITH IBU  
JERO AYU

15:00 MAJA HEALING  
UMALAS

## Melukat Ceremony

### *A bit about the Balinese Cleansing Ritual*

The Melukat ceremony is a traditional Balinese ritual ceremony to cleanse and purify the body, mind and spirit. The term Melukat derives from the Javanese word lukat which means 'to purify'. The aim of the ceremony is to allow us to let go of all the negative energy and thoughts that affect our lives. The ceremony is lead by a Balinese priest who will gently guide you through the process. This event is donation-based, with a suggested donation of Rp. 250,000. **Only 8 spots available.**



[CLICK TO BOOK](#)

# Meet our Therapist

## Chris Vogel

*Hypnotherapist, Relationship Coach*



Meet Chris, one of Maja's HH hypnotherapist and relationship coach. Chris officially joined the Maja family after completing the Holistic Healing Hypnosis Course last October. Now, if we were to list all of Chris' qualifications, this section would run several pages long! Chris has an extremely diversified background in the world of helping and working with people to overcome life's challenges and hardships. Like other Maja therapists, Chris is passionate about helping others ease their suffering as he himself has gone through his own journey of traumas, losses, bad habits and the healing processes which have led him to be where and who he is today.

Originally from the US, Chris has followed his unquenchable thirst of learning - about people, cultures conditioning and relationships; and travelled the world. It's through the experiences, insights and realisations that he's gained from his travels, combined with his education, that has enabled him to create a unique holistic model. This principle aims to integrate the subconscious and conscious mind, to help people heal and thrive in the relationship they have with self, others and their environment.

Chris has found that working with the subconscious mind through hypnotherapy, and the conscious mind through coaching, can lead to an absolute life transformation for those who realize that when everything changes; it's time to change everything. Catch Chris this month co-hosting the Inner Man Inner Woman workshop at Maja Healing!

[MORE ON CHRIS](#)